



Power Lines, Pipes and Cables Ltd (PLPC Ltd) recognises the importance of responding responsibly and transparently to health precautions, treating all health and personal data with high confidentiality and sensitivity. This policy aims to mitigate the spread of infectious diseases and maintain a safe and healthy workplace.

This policy applies to all PLPC employees, contractors, visitors, and interested parties who physically attend any of our offices, sites, or other work-related venues.

Required Actions:

Suspected/Confirmed Symptoms:

- Do not attend work if:
 - You have tested positive for an infectious disease.
 - You are displaying symptoms of an infectious disease.
 - You have been in close contact with someone infected by an infectious disease.
- If you have been in close contact with someone infected or are displaying symptoms, isolate, get tested, and follow current NHS guidelines.
- If you are presenting with symptoms similar to 'flu' inform your GP or NHS 24 that you work in conditions where you may contract weils disease
- Return to work only after fully recovering and completing the required isolation period as per NHS guidelines.
- Visitors or contractors should notify their PLPC contact to arrange alternatives.

Sick Leave Arrangements:

- Notify the office and supervisor with dates, advice from GP or NHS, and an NHS isolation/sick note if you need time off to recover or isolate.
- If you are ill but able to work, you can request to work from home if applicable to your role.

Travelling/Commuting Measures:

- Follow PLPC RAMS and NHS advice on travelling to work and working away from home.
- Conduct in-person meetings virtually if there is a medium to high risk of infection.

General Hygiene Rules:

- Wash your hands upon entering PLPC offices/cabins, after using the toilet, before eating, and after coughing/sneezing (follow the 20-second hand-washing rule). Use sanitisers available around the office, site cabins, and PLPC vehicles.
- Cough/sneeze into your sleeve or elbow. If using a tissue, discard it properly and sanitise your hands immediately.
- Open windows regularly in offices/vehicles for ventilation.
- Avoid touching your face, especially eyes, nose, and mouth, to prevent infection.

Implementation: These measures will be achieved through a framework of objectives, procedures, and processes that comply with ISO 45001 and associated industry codes, customer, statutory, and regulatory requirements. This policy is subject to changes based on current NHS guidelines.

The Managing Director is responsible for establishing, communicating, reviewing, and implementing this policy and the supporting management system within PLPC Ltd. All staff, contractors, and visitors are expected to adhere to this policy. This policy is available to any interested parties upon request.

Signed: 

Dale Harrison
Managing Director

Last Reviewed: April 2026
Next Review Date: April 2027

PLPC Ltd. Roadmeetings. Carluke. ML8 4QE Tel. 01555 772572 Email. enquiries@plpc.co.uk Web. www.plpc.co.uk