

## INFECTIOUS DISEASE POLICY

Power Lines, Pipes and Cables Ltd (PLPC Ltd) is a family run business that was established in 1973 to provide a power line construction service to Transmission and Distribution Network Operators (TNOs and DNOs) across the UK. PLPC Ltd supply and install overhead power lines and fibre optic systems to TNOs and DNOs and private clients. The skills and experience held by staff enable the company to take a flexible approach that allows them to meet increasing customer demands and succeed in a challenging economic climate.

The purpose of this policy is to mitigate the spread of an infectious disease and sustain a safe and healthy workplace. PLPC recognise the importance for all staff and interested parties, to respond responsibly and transparently to these health precautions, and will always treat their health and personal data with high confidentiality and sensitivity.

This policy applies to all PLPC employees, contractors, visitors and interested parties, who physically attend any of our offices, sites or other work related venues.

The below actions are required of all, to help protect themselves and others from a potential infection.

### Suspected / Confirmed Symptoms:

- Do not attend where:
  - **you have received a positive test** for an infectious disease
  - **you are displaying symptoms** of, an infectious disease
    - Eg Covid-19: temperature, new and continuous cough, a loss or change to sense of smell/taste
  - **you have been in close contact** with someone infected by an infectious disease
- If you have been in close contact with someone infected or are displaying symptoms, you should isolate, organise for testing to be carried out and follow current/advised guidelines
- Where you have tested positive or have been isolating due to close contact with an infected person, you can only return to work after you have fully recovered and completed the isolation period required by NHS/government guidelines
- For visitors or contractors, notify your PLPC contact who will organise with you for alternative arrangements

### Sick Leave Arrangements:

- For employees requiring time off to recover or isolate, notify the office and supervisor with
  - Dates
  - Advice given from GP or NHS
  - An NHS isolation / sick note
- If you are ill, and able to continue working, you can request to work from home, where applicable to your post.

### Travelling / Commuting Measures:

- Follow PLPC RAMS on specific infectious diseases (eg covid-19) for guidance on travelling to work, working away from home.
- In-person meetings should be done virtually where possible, especially with non-company parties

- If you normally commute to the office by public transportation and do not have other alternatives, you can request to work from home as a precaution or discuss options with your manager.

**General Hygiene Rules:**

- Wash your hands on entering PLPC offices/cabins, after using the toilet, before eating and if you cough/sneeze into your hands (follow the [20-second hand-washing rule](#)). You can also use the sanitisers you'll find around the office, site cabins or PLPC vehicles.
- Cough/sneeze into your sleeve, preferably into your elbow. If you use a tissue, discard it properly and clean/sanitise your hands immediately.
- Open the windows regularly to ensure open ventilation.
- Avoid touching your face, particularly eyes, nose, and mouth with your hands to prevent from getting infected.
- If you find yourself coughing/sneezing on a regular basis, avoid close physical contact with your co-workers and take extra precautionary measures (such as requesting sick leave).

These areas will be achieved through the implementation of and adherence to a framework of objectives, procedures and processes that comply with the requirements of ISO 45001 and associated industry codes, customer, statutory and regulatory requirements. This policy is susceptible to changes with the introduction of current government/NHS guidelines, of which will be followed accordingly.

The Managing Director is responsible for establishing, communicating, reviewing and implementing this policy and the supporting management system within PLPC Ltd. All staff, contractors and visitors are expected to adhere to the above policy. This policy is available to any interested parties, on request.

**Signed:**

**Dale Harrison**  
Managing Director

**Last Reviewed:** November 2020  
**Next Review Date:** November 2021